



OLV CLASSES AND SMALL GROUPS - FALL 2023

HOW TO SIGN-UP FOR A CLASS OR SMALL GROUP:

- SIGN-UP IN THE NARTHEX!
- SCAN THE QR CODE TO SIGN-UP ONLINE!
- VISIT <https://www.signupgenius.com/go/508084FA5AF2AA3F85-olvclass/>



CLASS OFFERINGS

R.C.I.A. – FOUNDATIONS OF OUR FAITH – TUESDAY EVENING (Class)

Taught by Fr. Gregg on Tuesday nights, RCIA (Rite of Christian Initiation of Adults) will provide catechesis and spiritual development for adults seeking to join the Catholic Church. If you are wanting to learn more about becoming Catholic, if you have questions about completing your Sacraments, or if you have a friend who is interested in becoming Catholic, we invite you to join us!

Group for/Location: Adults interested in joining the Catholic Church with their friends and/or sponsor(s)

Materials/Cost: TBA - Held in OLV Room 108A/B

Day of Week/Time: Tuesdays 6:30pm -8:30pm

Start Date/Duration: Tuesday, September 12th (Fall 2023 – Spring 2024)

Leaders: Fr. Gregg and Ryan Long

Contact: Ryan@ourladyofthevalley.net

PROXIMITY TO GOD – WEDNESDAY EVENING (Class)

This class will dive into a selection of notable New Testament scenes, their corresponding sites in the Holy Land, and the spiritual lessons imbedded within these passages. This ten-week class is for anyone who wants to enter into tangible scenes from the Gospels and discover the grace of spiritual truths which draw us into greater intimacy and proximity to God.

Group for/Location: Adults | OLV Room 108A/B

Materials/Cost: Bring your Bible, No Cost

Day of Week/Time: Wednesdays 7:45pm-8:45pm

Start Date/Duration: Wednesday September 13th (10 Weeks)

Leader: Ryan Long, OLV Director of Adult Faith Formation

Contact: Ryan@ourladyofthevalley.net

SMALL GROUP OFFERINGS

TUESDAY AM – WHEN YOU PRAY: BIBLE STUDY BY DR. SRI (Small Group)

Jesus wants to help us grow in faith, hope, and charity so that we can know, love, and worship God. Are you willing to join us on this journey of prayer which will bring you into the heart of Catholic spirituality? The saints will be our guides as we encounter the life and writings of St. Teresa of Calcutta, Saint Faustina, Saint John Paul II, Saint Teresa of Avila, and Saint John of the Cross who will show us how to grow closer to God through meditation.

Group for/Location: Adults/OLV Room 111

Materials/Cost: *When You Pray* Study Set from Ascension Press, \$26.95

Day of Week/Time: Tuesdays After Mass, 10:00am-12:00pm

Start Date/Duration: Tuesday, September 12th (10 Weeks)

Leader: Gail Dysleski

Contact: tgdysleski@aol.com

TUESDAY PM – 20 ANSWERS ON THE EUCHARIST (Small Group)

How well do we know the Eucharist? This user-friendly booklet and study will explain how the Church understands and administers the sacrament of Holy Communion, and helps you deepen your own appreciation for this most precious sign of Christ's enduring presence in the world. Clear, concise, and very practical.

Group for/Location: Adults/OLV Room 103

Materials/Cost: Workbook/\$5.00

Day of Week/Time: Tuesdays 7:00pm-8:30pm

Start Date/Duration: Tuesday, September 12th (10 Weeks)

Leader: Helen Blumberg

Contact: chevy52@comcast.net

TUESDAY PM – INTRO TO LATIN THROUGH PRAYERS (Small Group)

Learn the basics of Latin while learning the Our Father, the Hail Mary, parts of the Mass, and other prayers! Small Group Meetings will happen once every two weeks.

Group for/Location: Adults/OLV Room 106

Materials/Cost: None

Day of Week/Time: Tuesdays 6:00pm-7:00pm (Every Other Tuesday)

Start Date/Duration: Tuesday, September 12th - Tuesday December 5th

Leader: Elizabeth Ielmini

Contact: lizzyielm@gmail.com

TUESDAY PM - FIRST CORINTHIANS: THE CHURCH AND THE CHRISTIAN COMMUNITY (Small Group)

This study explores the key elements of the gospel message that Paul introduced to a new and growing Church. Presenter Tim Gray examines Paul's advice for living an authentic Christian life in a pagan culture as well as his teachings about the nature of grace, the Church as the body of Christ, and the most powerful gift of all—the Eucharist.

Group for/Location: Adults / OLV Room 111

Materials/Cost: First Corinthians Study Book by Ascension Press

Day of Week/Time: Tuesdays 6:30pm-8:30pm

Start Date/Duration: Tuesday, September 12th (10 Weeks)

Leader: Kathy Kunz

Contact: pinkykunz@aol.com

TUESDAY PM – MEN GROWING IN FAITH (Small Group)

Catholic men, consider joining Men Growing in Faith. We have been an ongoing group since 2014 and welcome new members anytime. We meet most Tuesdays, starting September 12th, from fall to spring for about an hour starting at 7:00 pm. Meetings include group prayer, an open forum where any religious topic or question can be brought up and discussed and a short program followed by discussion. We offer support, encouragement and fellowship.

Group for/Location: Men/OLV Room 107

Materials/Cost: TBA

Day of Week/Time: Tuesdays 7:00pm-8:00pm

Start Date/Duration: Tuesday, September 12th (September – May)

Leader: Dennis Spencer

Contact: dennisspencer@gmail.com

TUESDAY PM – W.I.S.D.O.M. MEN'S GROUP (Small Group)

W.I.S.D.O.M. (Weekly Inspirational and Spiritual Discussions of Men) We will be exploring the wisdom books in the Bible and talking about how they relate to our lives as men, fathers, and husbands. The goals of this group are to foster a community of Catholic men, explore the faith together, help each other to grow spiritually, and learn from each other what it means to be a Catholic man in today's world. We will be creating an encouraging community of men as we go through the challenges and joys of building relationships, starting families, and navigating our careers.

Group for/Location: Men (21-early 30's)/OLV Room 104

Materials/Cost: Bring your Bible

Day of Week/Time: Tuesday 7:00pm-8:30pm

Start Date/Duration: Tuesday, September 12th

Leader: Eli Baier

Contact: eliasbaier@yahoo.com

TUESDAY PM - PATRIARCH - BIBLICAL PRINCIPLES FOR FATHERLY LEADERSHIP (Small Group)

Patriarch is a men's bible study that explores God's wisdom through the lives of the Old Testament Patriarchs. This includes light study and a practical application of this wisdom in your life as a husband and father. Join us for good conversation with good men.

Group for/Location: Men/OLV Room 110
Materials/Cost: Bring your Bible
Day of Week/Time: Tuesdays 7:00pm - 8:30pm
Start Date/Duration: Tuesday, September 12th
Leader: Andrew Barga, OLV Parish Missionary
Contact: andrew.b@ourladyofthevalley.net

TUESDAY PM – OLV S.M.I.L.E.S (Small Group)

SMILES is for Singles, Middle-In-Life, to Encounter & Serve. This is a group for men & women (30-60yrs old approx.) who find themselves in the "single" vocation status. Whether you are engaged, single, or divorced, this group is for you! If you have been desiring community and fellowship, but felt as though you may not "fit" or have not otherwise found a "home" let us be that for one another. The goal of this group is to grow in faith, participate more fully in the offerings of OLV, have fun, and support one another. We will plan something for everyone's interests in the group. We will explore our charisms (gifts of the Holy Spirit) and how they can glorify God in our families, workplace, and the whole church community of OLV.

Group for/Location: Adults / OLV Conference Room
Materials/Cost: Provided/\$5.00
Day of Week/Time: Tuesdays 7:00pm - 9:00pm
Start Date/Duration: Tuesday, September 12th
Leader: Maria Durbin
Contact: office@ourladyofthevalley.net

TUESDAY PM – PRESENCE: THE MYSTERY OF THE EUCHARIST (Small Group)

Provided by the Augustine Institute, this study explores the mystery of God's love expressed in the Eucharist and shows how in this Sacrament God is really present to help and strengthen us in every step of life's journey.

Group for/Location: Adults / OLV Room 105
Materials/Cost: Study Guide / Cost \$15.95
Day of Week/Time: Tuesdays 6:30pm - 8:00pm
Start Date/Duration: Tuesday, September 19th, (8 Weeks)
Leaders: Bob and Kathy Wingert, Bill and Lynn Hatch
Contact: ktwingert.kw@gmail.com

WEDNESDAY AM - NEW MOMS' BIBLE STUDY AND SOCIAL TIME (Small Group)

Are you a young mom with babies or toddlers? Do you want to dive deeper in your faith, but need to bring the kiddos along? Contact Martha Griswold at martha@ourladyofthevalley.net to learn more about our Wednesday morning Moms' Bible study! You can bring your kids for play time while you grow in your faith.

Group for/Location: Women/Off-Campus
Materials/Cost: None
Day of Week/Time: Wednesday Mornings
Leader: Martha Griswold - OLV Focus Parish Missionary
Contact: martha@ourladyofthevalley.net

WEDNESDAY AM - CONSOLING THE HEART OF JESUS (Small Group)

In this group, we will learn about God's infinite mercy and how we can give him joy, consoling his heart, by accepting his love and trusting in him completely. We'll discover how suffering can actually help us grow spiritually closer to the Sacred Heart of Jesus.

Group for/Location: Adults/ OLV Room 110
Materials/Cost: Book and Workbook, \$25-\$35
Day of Week/Time: Wednesdays 10:00am - 11:30am
Start Date/Duration: Wednesday September 13th, (10 Weeks)
Leaders: Andrea Nettles and Marilyn Mainz
Contact: ajnettlles5@gmail.com

WEDNESDAY PM – WELL READ MOM (Small Group)

Well-Read Mom (WRM) is a way for women to reclaim time to read the best books. The goal is to provide a way for women to read high-quality literature together and grow in friendship in the process. WRM groups read one book per month and meet to discuss once a month. Our year together includes great books, spiritual classics (during Advent and Lent), worthy reads, poetry and selected essays from the Catholic and Western traditions.

Group for/Location: Mothers, Grandmothers, Aunts/OLV Parish Hall

Materials/Cost: \$50 Registration and Cost of Books

Day of Week/Time: Wednesday 5:45pm – 7:15pm

Start Date/Duration: Wednesdays 9/13/23, 10/4/23, 11/8/23, 12/6/23

Leader: Kelsey Slinger

Contact: kelseyslinger@gmail.com

WEDNESDAY PM - DISCIPLESHIP GROUP FOR MOMS (Small Group)

Are you a mom looking to grow in your understanding of what it means to live as a disciple of Jesus Christ? Are you looking for deeper friendships with other moms? Join us on Wednesday and Thursday nights from 6-7:15pm in the upstairs classrooms during RE.

Group for/Location: Women/OLV Room 204

Materials/Cost: None

Day of Week/Time: Wednesdays and Thursdays 6:00pm-7:15pm

Start Date/Duration: Wednesday September 13th, Thursday September 14th During RE

Leader: Martha Griswold - OLV Focus Parish Missionary

Contact: martha@ourladyofthevalley.net

THURSDAY AM – WOMEN'S GOSPEL ENCOUNTER GROUP – Women's Book Study (Small Group)

This group will follow *Into the Deep* as this book explains how to set up your own sacred prayer space, discusses the common obstacles to prayer, and provides practical ways to overcome them. You'll also read stories of others who are seeking to orient themselves to God through prayer. This encounter will help us then also seek (and find) him in every aspect of our lives.

Group for/Location: Women/OLV Room 108A/B

Materials/Cost: Books Provided/ No Cost

Day of Week/Time: Thursdays 10:00am-11:30am

Start Date/Duration: Thursdays, September 14th

Leader: Nissa Chadwick

Contact: nissachadwick@yahoo.com

THURSDAY PM – JESUS AND THE EUCHARIST - NATIONAL EUCHARISTIC REVIVAL STUDY (Small Group)

Sponsored by the National Eucharistic Revival in partnership with the Augustine Institute, this study is aimed at providing a renewed personal encounter with Jesus in the Eucharist. It will feature teaching, commentary from bishops, time in scripture, and time for faith sharing with prayer. Parishes across the country will be implementing this study, and we invite you to join us!

Group for/Location: Adults | OLV Room 107

Materials/Cost: Bring your Bible, No Cost

Day of Week/Time: Thursdays 6:30pm-7:30pm

Start Date/Duration: Thursday September 14th (10 Weeks)

Leader: Ryan Long, OLV Director of Adult Faith Formation

Contact: Ryan@ourladyofthevalley.net

THURSDAY PM - PATRIARCH - BIBLICAL PRINCIPLES FOR FATHERLY LEADERSHIP (Small Group)

Patriarch is a men's bible study that explores God's wisdom through the lives of the Old Testament Patriarchs. This includes light study and a practical application of this wisdom in your life as a husband and father. Join us for good conversation with good men.

Group for/Location: Men/OLV Room 110

Materials/Cost: Bring your Bible

Day of Week/Time: Thursdays 7:30pm - 9:00pm

Start Date/Duration: Thursday, September 14th

Leader: Andrew Barga, OLV Parish Missionary

Contact: andrew.b@ourladyofthevalley.net

FRIDAY AM - PRAYER IN PRACTICE (Small Group)

“Prayer is the raising of one’s mind and heart to God, or the requesting of good things from God” (CCC 2559). Oftentimes, it can be difficult to practice prayer consistently. This small group will explore a selection of varying forms of prayer including Vocal Prayer, Liturgy of the Hours, Meditations from St. Francis De Sales, Ignatian Meditation with Scripture, and intercessory prayer to help strengthen our conversations with God with a range of options! We welcome all individuals who desire to grow in their practice of prayer.

Group for/Location: Adults | OLV Conference Room

Materials/Cost: Bring a Journal, No Cost

Day of Week/Time: Fridays 7:15am - 8:00am

Start Date/Duration: Friday September 15th (10 Weeks)

Leader: Ryan Long, OLV Director of Adult Faith Formation

Contact: Ryan@ourladyofthevalley.net

1ST SATURDAY OF THE MONTH – WELL READ MOM (Small Group)

Well-Read Mom (WRM) is a way for women to reclaim time to read the best books. The goal is to provide a way for women to read high-quality literature together and grow in friendship in the process. WRM groups read one book per month and meet to discuss once a month. Our year together includes great books, spiritual classics (during Advent and Lent), worthy reads, poetry and selected essays from the Catholic and Western traditions.

Group for/Location: Mothers, Grandmothers, Aunts/ Off Campus in Windsor

Materials/Cost: \$50 Registration and Cost of Books

Day of Week/Time: Saturdays 9/16/23, 10/7/23, 11/4/23, 12/2/23 - 7:30am-9:00am

Leader: Kelsey Slinger

Contact: kelseysliger@gmail.com

BIBLE STUDY OPPORTUNITIES FOR WOMEN

Are you a woman in your 20s, 30s, or 40s interested in growing in friendship, prayer, and knowledge of Scripture? Contact Martha Griswold to learn about all the weekly Bible studies that are being offered for women in a similar state of life who desire to go deeper in their faith, and grow in their relationship with Christ.

Group for: Women

Leader: Martha Griswold - OLV Focus Parish Missionary

Contact: martha@ourladyofthevalley.net

CONNECTION OPPORTUNITIES FOR MEN

Men, do you desire a deeper connection to God or the parish community as a whole, but just don’t know where to start? I can help! Reach out to andrew.b@ourladyofthevalley.net for a personalized formation recommendation!

Group for: Men

Leader: Andrew Barga, OLV Parish Missionary

Contact: andrew.b@ourladyofthevalley.net

INDIVIDUAL SPIRITUAL COACHING

Spiritual Coaching can be a great opportunity to learn more about the life of prayer. It focuses on learning the methods and principles of the spiritual life with the intention of applying them. Coaching consists of monthly individual meetings with practical goals utilized by the saints. There will be no discussion of one’s (or others) sins which should only be disclosed in the Sacrament of Confession. Discussion will focus on education, answering questions, and practical steps for progress in the spiritual life.

Location: Adults/OLV Campus

Day of Week/Time: Time slots by Appointment

Occurrences/Length of Session: Monthly (1) HR Duration

Leader: Ryan Long, OLV Director of Adult Faith Formation

Contact: Ryan@ourladyofthevalley.net