



uhealth

Our Lady of the Valley Blood Drive

WHEN:

Saturday, June 10th from 9:00 AM to 3:00 PM

WHERE:

OLV Parking lot inside the UCHealth blood bank van(s)

WHO IS DOING THIS:

Garth Englund Blood Donation Center, a part of UCHealth.
Blood drive sponsored by the Knights of Columbus

HOW DO I SIGN UP?

Go to website: <http://bit.ly/valleybd2017>
to sign up for your 45 minute slot. There will be 3
donors during each 45 minute slot. Walkups
accepted on a space-available basis.

PAPERWORK:

Go to OLV website to download Blood Donor Record
application in advance OR just fill out the paperwork
at the van during your designated time.

COST:

Free, ...well, one pint of your blood

WHY:

Each donation can save up to two lives!

8 Reasons to Donate Blood

- **Every 3 seconds someone needs blood.** An average of 40,000 units of blood are needed every day in the U.S.
- **20% of blood recipients are children** – many are cancer patients!
- **Giving blood is easy.** It only takes about 40-45 minutes.
- **You can save 2 lives.** For every blood donation we receive, we can treat, heal and quite possibly save the life of up to 2 different donation recipients.
- **You can help people in your home town.** Blood donated with the Garth Englund Donor Center are used right here in Northern Colorado.
- **Your fluid volume is replaced very quickly.** The human body is amazing. Your body will replenish the fluid lost during the donation within 24 hours.
- **There is a great need for blood.** Disasters like car accidents, fires, and other trauma cases happen every day. A bleeding trauma victim can run through 100 units of blood in no time.
- **For men, there is a life-saving benefit to donating blood.** Research shows if men give blood three times a year they can reduce their iron overload and therefore their risk of heart attack by as much as 50%!

For more information or to schedule an appointment, contact:

Garth Englund Blood Donation Center

1025 Pennock Place, Suite 104

Fort Collins, CO 80524

970-495-8965

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